

Prince William 4

Our Clubs, Our Community



November 17, 2021

Upcoming Events

Nov 20 - Clover Club

Dec 4 - Clover Club

Dec 5 - 4-H Recognition Night

Dec 8 - Health Living Community Night (ages 14 & up)

Dec 9 - Healthy Living Community Night (ages 9-13)

Dec 18 - Wreaths Across America

Jan I - Horse Project **Enrollment Deadline**

Ian 15 - Clover Club

Jan 17 - Camp Counselor **Applications Due**

Jan 19 - 4-H Day at the State Capitol

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Click to Visit



Youth 4-H Officers Jump Into the New 4-H Year!



On Monday, November 15th, Prince William 4-H held it's annual 4-H Youth Officer Training at the McCoart Building in Woodbridge. We had a terrific turnout with over 40 current youth officers, newly elected youth officers, and others interested in becoming an officer and learning about the roles of officers in 4-H clubs, Northern District 4-H, and Virginia 4-H programs. We also had 10 dedicated leaders and volunteers join us to lead activities and facilitate lively discussion between youth participants.

Through activities, games, role playing and discussions, 4-H'ers explored the responsibilities of various leadership roles and parliamentary procedure. We began by sharing our goals for the evening, which varied from learning the responsibilities of specific officer roles, becoming more organized, learning how to run a meeting, and gaining confidence in public speaking. Those in attendance shared their thoughts on Parliamentary Procedure and reasons why it is important to use these procedures in our club meetings to ensure fairness, order, majority decisions, and making club meetings predictable.

Prince William 4-H staff will be following up with youth to answer questions and assist with resources and tools to help them be successful in their leadership roles.



Click here for A Guide for 4-H Officers published by Virginia 4-H.



Click here for Preparing Teens for Beyond the Local Level curriculum published by Virginia 4-H.



Click here for Youth Leadership Development curriculum guides available for adult leaders through National 4-H.



Enroll in 4-H Online - Open for Enrollments!



Our online membership system is open for members to enroll. Please review the following before enrolling. Please complete your enrollment by November 19th to ensure our records are accurate and that you are receiving important and timely information.

> 2021 4-H Online Volunteer Levels and Descriptions 2021 4-H Online VA Project Descriptions 4-H Online

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PWC 4-H Officer Training Citizenship in Action!

















Volunteer Prince William Thanks Crocheting for a Cause

Volunteer Prince William thanks Kristen Saul and the members of Prince William 4-H for their generous donation of 24 gift bags in support of homebound senior citizens for Untrim-a-Tree! Led by 4-H member Kayla, the members received instructions via Zoom last spring on how to crochet and made scarves and washcloths which will come in handy for this population! Gift bags also contain a puzzle book, hand lotion, emery board, soap, sweets and other items. These pictures are a sampling of what was donated by these talented youth. Thank you, 4-H for your thoughtfulness and generosity! #UTAT #YouthVolunteering Click here for the FaceBook Post.













Information for Club Reporters and Historians



Prince William 4-H wants to hear from you! We're proud of our clubs and want to showcase your activities and events in our newsletter. We're asking Club Reporters or Historians to send us regular updates. The updates could be a paragraph and picture showcasing a fun activity or project that you work on. It could be a request for donations, help, or support for an upcoming project or community service activity. Or, the update could be to recognize a club

member or members that have received community recognition and earned a "shout out." Regular communications will encourage others to get involved in 4-H and will help improve your writing and leadership skills! Here are some tips:

When submitting information to Prince William 4-H:

- Be specific. Include details such as date, location, who, what, and why. Include interesting facts that tell the 4-H story.
- Be concise. Capture the readers attention quickly and summarize your activity.
- Include quotes from club members or those you helped.
- Use paragraphs, correct grammar and punctuation. No other formatting is necessary.
- Include a clear, high resolution photo(s). Group photos and photos of 4-H'ers involved in activities are preferred. Be sure participants are following the <u>current mask protocol</u>.
- Email your paragraph, press release, or article and photo to Candi Helmlinger at chelmlinger@pwcgov.org.

When submitting information to the community:

Along with the items bulleted above, information going out to the community should correctly use the 4-H trademark and logo and contain the current Virginia Cooperative Extension/4-H indicia statement.

- The **4-H Graphic Standards & Guidelines** ensures proper use of the 4-H logo and brand. In general, 4-H is a federal trademark and should always include the hyphen. The clover logo has restricted use and the guideline should be reviewed before including the logo in your community news. <u>Click here for the 4-H Graphic Standards & Guidelines.</u>
- The VCE Indicia statement must be included at the bottom of every flyer or press release that is sent to the community. The current statement is:

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

If you have any questions or need help with the 4-H Graphic Standards or VCE Indicia Statement, please contact Candi Helmlinger at chelmlinger@pwcgov.org. We have logo files that we can email directly to you as well as other marketing resources and media contacts.

We look forward to hearing from you!

Moberly AJROTC defeats Trigger Time 4-H Shooting Education Club

November 14, 2021- Shooting their highest score of the season Moberly AJROTC defeated Trigger Time 4-H Shooting Education Club 1048.2 to 1024.4 last week in the National Air Rifle League. With the win, Moberly AJROTC is in fifth place overall and first place within their 'Army Jrotc' conference. They currently have a 6 - 0 record. Moberly AJROTC was led by, Anastaza Buckner who shot a 270.7. The remaining contributing members were Austin Taylor, MacKenzie Hopper, and Jenna Walz. Moberly AJROTC is from Moberly, MO, and is coached by Jeff Parks.

Trigger Time 4-H Shooting Education Club currently has a 4 - 3 record. After the loss they are in seventh place overall and second place within their 'Junior Rifle Club' conference. Trigger Time 4-H Shooting Education Club was led by, Samantha Erick who shot a 262.2. The remaining contributing members were Samantha Seagle, Lexi Strand, and Grace Richter. Trigger Time 4-H Shooting Education Club is from Nokesville, VA, and is coached by Alan Lerch.

Next up Moberly AJROTC will compete against Loveland AJROTC from Loveland, CO. Loveland AJROTC currently has a 5 - I record. While Trigger Time 4-H Shooting Education Club has a bye week.

These two teams are competing in the Distinguished Division of the Orion National Air Rifle League. Sponsored by the Orion Scoring System, the league is a national team league for high school teams and junior rifle clubs. The league has two parts. An 8 week regular season going on now, followed by a single game Conference Title Game for the top two teams in each conference.

In each game the teams compete in what is known as a Three-Position Air Rifle match. The match is modeled after Olympic Rifle competitions but adapted to high school age athletes. Each athlete will shoots 10 shots in three different shooting positions, prone, standing, and kneeling. Each shot is worth a maximum of 10.9 points. The sum of points scored in the 30 shots is the athlete's total. The team score is comprised of the best four athletes from each team.

Click here for Box Score.

Press Releases Submitted by Trigger Time 4-H Shooting Education Club

For more information on the league, including complete standings, visit https://www.national-leagues.com/
Click here for Trigger Time 4-H Shooting Education Club Team Page



Youth Officers 2021-2022 Noah Richter, President
Samantha Seagle, Vice President
Grace Richter, Secretary
Timmy Hirshey, Treasurer
Equipment Officers: Ben Stewart, Lexi Strand, Kira Lorentz and Samantha Erick

Colin White, Safety Officer

Association Liaisons: Lexi Strand and Samantha Erick





VIRGINIA 4-H

Horse Program

EquiSmartz 2022 Contest Dates



- * Friday, April 8th: Communications Contests (4-H Only), Rockbridge High School, Lexington, VA
- * **Saturday, April 9th** (morning): Horse Bowl (4-H Only), Rockbridge High School, Lexington, VA
- * **Saturday, April 9th** (afternoon): Hippology (4-H & FFA), Rockbridge High School, Lexington, VA
- * **Sunday, April 10th:** Horse Judging & the Horse Judging phase of Hippology (4-H & FFA), *Virginia Horse Center, Lexington, VA*

Civic Engagement

Prince William 4-H Cloverbuds are youth ages 5 to 8 that are interested in learning more about 4-H.

Cloverbuds complete short-term, hands-on, adult-led, exploratory projects in subject areas such as civic engagement, STEM, healthy living and agriculture. All 4-H projects are research and curriculumbased. We lay the foundation of knowledge to help develop our A P

future commu

STEM

munity of young people cross America who are learning readership, citizenship, and life skills. Our goal is to help young people grow into capable, responsible, confident members of our community by providing information, opportunities, activities and events that are educational and fun! Through clubs throughout Prince William County, our youth conduct youth-led meetings to complete projects, community service projects, and participate in local and state government events.



Healthy

Living

Come Grow with Us!

Attend our next Clover Club! You can Agriculture

also learn more at www.pwcgov.org/4-H

PWC 4-H

4HPWC@pwcgov.org

(703) 792-4536





Virginia Cooperative Extension

















A 4-H Club for Youth Ages 5-8

(parent or guardian must be present)

FREE!

4-H Children's Barn **PWC Fairgrounds**

10624 Dumfries Rd. Manassas, VA 20112

2 HOURS OF 4-H FUN!

Saturdays 10 am - 12 pm

next meeting dates:

November 20 December 4

Click here to register.

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PWC 4-H Scholarships - Applications Due Nov. 22nd

PWC 4-H has 4 scholarships available to members. All scholarship applications and nominations are due by Monday, November 22nd. Scholarship s will be presented on Sunday, December 5th at the PWC 4-H Recognition Night.



2021 Joanne Guhl Scholarship

Joanne Guhl was a member of the Boots and Saddles 4-H Club who passed away in 1984. Her parents honor her memory by awarding a college scholarship to a PWC 4-Her. Applicants must be enrolled the Prince William County 4-H program and must have been accepted at an institution of higher learning. Preference is given to 4-Hers pursuing a career in animal science.

Please click here to apply for the 2021 Joanne Guhl Scholarship.



2021 Bernard Malo Scholarship

Bernard Malo was a past leader of the Trigger Time 4-H Shooting Education Club. Bernie, a 4-H All Star, was active at the local, district, and state level and gave much to the youth of Virginia. His family, who are all 4-H'ers and friends, started a scholarship fund to honor his memory. Trigger Time 4-H Club members have continued to help this scholarship fund grow. This scholarship is for higher education for those entering as a freshman into any four-year college, community college or vocational school. Trigger Time member applicants are given first consideration. The amount of scholarship may vary from year to year.

Please click here to apply for the 2021 Bernard Malo Scholarship.



2021 All Around 4-H Member Award

The All Around 4-H Member Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

Click here to read about the 2020 All Around 4-H Member Award Recipient Sam Whysong Click here to apply for the All Around 4-H Member Award.



2020 All Around 4-H Volunteer Award

The All Around 4-H Volunteer Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

Click here to read about the 2020 All Around 4-H Member Award Recipient Alan Lerch Click here to apply for the All Around 4-H Member Award.

Register for PWC 4-H Recognition Day!



Date: Sunday, December 5th

Time: 2-4 pm

Location: Windy Knoll Farm, 11602 Kettle Run Road, Nokesville, VA

Click here to register.

Join us for **Prince William 4-H Recognition Day** as we celebrate youth, volunteers, members and leaders that exemplified the 4-H motto during the 2020-21 4-H Year!

We're excited to showcase the creative projects and activities that brought us together through a very

unusual year. Our volunteers worked creatively to support the youth as they continued to develop leadership, citizenship and life skills. We put our head, heart, hands and health to the test through a pandemic and discovered how, with a little ingenuity, we can continue to have a positive impact on our community.

Join us in celebrating OUR 4-H Story!



NEW THIS YEAR!

Fire up your kitchens and decorate a gingerbread house for our Gingerbread House Contest. Each attendee will yote for their favorite!

- * Light snacks will be served.
- * Masks must be worn at all 4-H events.

Awards & Recognitions:

- ★ Cloverbuds
- ★ Project Record Awards
- ★ Portfolio Awards
- ★ Outstanding Members
- ★ Northern District Horse Record Scholarship
- ★ I Dare You Award
- ★ Club Leaders Years of Service
- ★ 2021 All Stars
- ★ State Congress Attendees
- ★ District Competitions
- ★ State Competitions
- ★ Guhl Scholarship Awards
- ★ Bernie Malo Scholarship Awards
- ★ All Around 4-H Member
- ★ All Around 4-H Volunteer
- And more!

VA 4-H Teen Summit - Registration is Open!

Registration through 4-H Online

Date: December 10th - 12th

Location: W.E. Skelton 4-H Center, Wirtz, VA Cost: \$50 (includes meals, lodging, snacks and supplies) Click here to register for the VA 4-H Teen Summit.

Information Session:

November 22nd, 6 pm via Zoom

Click here to register for Information Session.

The 4-H Teen Summit is an in-person event planned for teens by teens and will focus on social justice and equity and inclusion issues such as racial justice, LGBTQ+ rights, mental health, the environment, and teen voice and empowerment. The goal around the summit is to create a safe space for youth to talk about advocacy and issues that impact them, and how to create change in their communities.



Registration closes on November 29th at midnight. This event is open to youth age 14-19. All state and 4-H guidelines for in person and overnight programming will be followed during the event.

All participants will need to produce a negative COVID-19 test no earlier than 3 days prior to the event. More information is available with registration information online.







December begins our focus on Healthy Living at Prince William 4-H!

Join us for our fun-fill, hands-on Community Nights as we explore mental well-being, physical health, and how you can put healthy habits into action starting today!

Healthy Living Community Nights

Wednesday, Dec 8th, 7-8:30 pm **Senior, Ages 14 and Up** at the 4-H Office. Manassas

Thursday, Dec 9th, 7-8:30 pm **Junior, Ages 9-13** at the 4-H Office, Manassas

Click here to register.

Why attend a 4-H Healthy Living Community Night?

- Explore the 4-H Pillar area of Healthy Living
- Participate in mental and physical exercises
- Discuss how you can develop healthy habits
- Learn how to take your experiences and

knowledge into the community
Find your SPARK for a new 4-H project and find

resources to launch your idea





National 4-H has nearly two dozen curriculum kits ranging from cooking, fitness, mental health, to being a healthy teen. Backed by a research approach to positive youth development, the 4-H curriculum will help guide youth through experiential learning with fun, creative hands-on activities to develop healthy habits.





Talk to a Virginia 4-H Healthy Living Ambassador! Invite our 4-H youth leaders to speak at your school or your club meeting. Learn what it takes to truly pledge your health to better living for your club, your community, your country, our world.

Get involved! Prince William 4-H has a number of healthy initiatives throughout the year. Participate in the Food Challenge competition at both the county and district level. Attend the annual Healthy Living Summit. Find your SPARK by creating a program like Prince William 4-H'er Samantha Whysong and be recognized as a Virginia 4-H Youth in Action Winner and national runner-up!

Virginia 4-Holidays Activity Sharing

Let's Share the Spirit of the Holidays!

Virginia 4-H has created an activity sharing website for 4-H adult volunteers and leaders,

Let's share the warmth and spirit of the winter holidays with craft ideas, recipes, stories, photos, videos and fun! Whether you are looking for in person activities, or at-home fun, 4-H has something for everyone. Visit this site to find activities or to share your favorites with 4-H'ers around Virginia!

Click here to visit Virginia 4-Holidays Activity Sharing.



Educators' Guide Available on 2021 Virtual Hokie BugFest Website

The Educators' Guide is now available on the 2021 Virtual Hokie BugFest website. The Educators' Guide is new this year and is essentially a roadmap for how to use the online festival in the classroom or your 4-H club. It categorizes all of the festival content according to age and topics of interest. The goal is to help educators find what they need, so they can easily incorporate the festival content into their programs. The 2021 Virtual Hokie BugFest will remain posted until May 2022.

Click here to visit the 2021 Virtual Hokie BugFest website.

Click here to access the Educators' Guide.



National 4-H: The Science of Cookies

Is it baking season yet? Get the kids involved for a tasty look at the science behind baking. Then download our guide with cookie recipes from 4-H'ers across the country.

Click here for a Cookie Science Activity, cookbook, and more!



National 4-H: Registration Open for Summits

The National Youth Summit Series are immersive, three-day experiences where you dive into the issues, expand your career horizons and grow as a leader while working with and learning from other teens and experts with shared passions. The 2022 Healthy Living and Agri-Science Youth Summits are now open for registration and will take place inperson in the Washington, D.C. area.

2022 Healthy Living Summit: In Person, February 10-13, 2022

At the National Youth Summit on Healthy Living, high school students develop the knowledge and skills to address issues surrounding nutrition, physical fitness, wellness, and emotional well-being. Working alongside professionals in family consumer science and healthy living, students will create action plans they can implement in their communities to teach other youth about what they have learned.



At the National 4-H Youth Summit on Agri-Science, high school students develop the skills and knowledge needed for the challenges facing agriculture, food security, and sustainability. Students will work with each other and experts in the agricultural community in this collaborative, hands-on educational setting.

Click here for more information and to register.









Animal and Plant Health Inspection Service U.S. DEPARTMENT OF AGRICULTURE



Want to explore exciting careers in agriculture? Apply for AgDiscovery 2022!

The U.S. Department of Agriculture (USDA) offers this summer outreach program for middle and high school students. It's a unique chance to live and study on a college campus and get a first-hand look at the many career paths open in the agricultural sciences.

2022 Locations and Dates

- Alcorn State University, June 12–25
- Coppin State University, June 19–July 1
- Delaware State University, July 5–17
- Florida A&M University, June 12–25
- Fort Valley State University, June 13–24
- Fresno State University, June 5–15
- Iowa State University, July 10–23
- Kentucky State University, June 5–18
- Lincoln University, July 10–23
- North Carolina State University, June 20–July 1
- Prairie View A&M University, June 6–17
- Purdue University, July 10–23
- Tuskegee University, June 4–18

- University of Arizona, June 13–24
- University of Arkansas at Pine Bluff, June 11–24
- University of Hawaii, July 10–23
- University of Illinois, July 10–23
- University of Maryland at College Park, July 10–29
- University of Maryland Eastern Shore, June 12–25
- University of the Virgin Islands, July 18–31
- Virginia State University, June 19–July 2



Learn more about AgDiscovery

USDA is an equal opportunity provider, employer, and lender. | APHIS 10-05-022 | Issued October 2021

www.aphis.usda.gov/careers

Our Partners at VCE: VA Certified Farm Succession Coordinator Training

The Agribusiness Management & Economics (AME) program team is hosting a 1hr webinar as an introduction to the Virginia Certified Farm Succession Coordinator training being held in 2022.

Intro to the VA Certified Farm Succession Coordinator Training I-hour Webinar, Thursday, December 2nd at I I am

Click here for more information and to register.

VA Certified Farm Succession Coordinator training

2 1/2 Days In-Person Seminar, March 28 – March 30, Goochland, VA Registration coming soon.



Our Partners at VT: Educators Welcome! Mapping with Drones Workshops

LEARN SOMETHING NEW!

Dates: December 14-16 or January 11-13, 9am-5pm with breaks for coffee & lunch

Location: Zoom. Link provided upon registration.

Who Should Attend: Local / State / Federal government employees, Private industry, Natural resource professionals, Planning professionals, Public safety professionals, Planning District Commission (PDC) employees, Extension agents / specialists, Agricultural operators, Educators, Realtors, Inspection teams, etc.





Online Registration: https://tinyurl.com/Drones2021

Cost: \$200. Materials will be mailed - register early to receive materials in time!

This is an intensive, yet introductory level workshop, and is considered a "drone education boot camp." No previous knowledge or experience with drones, sUAS, or GIS is required. This 3-day workshop will provide participants with the following:

- An understanding of FAA and sUAS lingo;
- A comprehensive knowledge of current federal commercial sUAS regulations;
- In-depth discussions of sUAS platforms (fixed wing and multi-rotor), sensors (including true color, NIR, multispectral, thermal), and associated applications;
- sUAS project workflows, including;
- Compliance with FAA regulations and safe operation and management practices;
- An overview of sUAS operation planning software, check sheets, smartphone apps, and other online resources;
- A comprehensive presentation and demonstration of image processing software techniques and options (image mosaics, NDVI, etc.)

Click here to review the full program summary and expected learning objectives.

Shopping early for the holidays? Support the Prince William County 4-H A

- I. Open the Amazon app on your phone
- 2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
- 3. Select "Prince William County 4-H Association" as your charity
- 4. Follow the on-screen instructions to activate AmazonSmile in the mobile app



PRINCE WILLIAM COUNTY

8033 Ashton Ave, #105, Manassas, VA 20109

Click to Visit Online:

PCW 4-H Virginia State 4-H National 4-H

Your Dedicated PWC 4-H Staff

MaryBeth Lerch

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Kristin Saul

4-H Youth Educator ksaul@pwcgov.org 703-792-4762

Bookmark this Link!

PWC 4-H 2021-2022

Calendar of Events.

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Ashley Isaacson

4-H Youth Educator aisaacson@pwcgov.org 703-792-4761

Candi Helmlinger

4-H Program Specialist - Newsletter chelmlinger@pwcgov.org



PWC 4-H Resources

National 4-H

National 4-H Homepage

Virginia 4-H

VCE 4-H VCE COVID-19 Updates

4-H Online Information
The 4-H Foundation
Educational Resources
4-H All Stars

STEM in Virginia 4-H VCE Speakers Bureau

Prince William 4-H

PWC 4-H Homepage PWC 4-H Programs

PWC 4-H Camps

PWC 4-H Events & Calendar

Portfolio Records

Member Record Cloverbud Sheet

Project Record Ages 9-10

Project Record Ages 11-12

Project Record Ages 13-15

Project Record Ages 16-19

Outstanding Member Form





2020-2021 PWC 4-H Association Officers

Youth Officers

Samantha Whysong, President Kayla Dixon, Vice President Alexis Cox, Treasurer Secretary - Vacant

Adult Officers

Vacant - President Alan Lerch, Vice President Sydney Nguyen, Treasurer Tom Harrigan, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong Recognition Committee - Alan Lerch Membership Committee - 4-H Staff