## THE NATIONAL COALITION OF 100 BLACK WOMEN, INC., PRINCE WILLIAM COUNTY CHAPTER

**PRESENTS** 

# COMMUNITY HEALTH & WELLNESS EXPO

SATURDAY, APRIL 12 - 10 AM - 1 PM

**GAR-FIELD SENIOR HIGH SCHOOL, 14000 SMOKETOWN RD. WOODBRIDGE, VA 22192** 

IN PARTNERSHIP WITH



#### **FREE HEALTH SCREENINGS**

- Body Mass Index
- Cholesterol
- **Blood Pressure**
- **Diabetes Risk**
- Oral Health
- Pre-Mammogram
- PSA Screenings

### **HEALTH** & EDUCATION RESOURCES

- Expert Panel:
- Oncology
- OBGYN
- Cardiology
- Gastroenterology
- Psychology
- Nutritionist
- Spiritual Advisor

#### **FOCUSING ON THE** 9 DIMENSIONS OF HEALTH

- Physical Health
- Emotional Health
- Social Health
- Spiritual Health
- Evironmental Health
- Intellectual Health
  Occupational Health
  - Financial Health
  - Cultural Health

#### FOR MORE INFORMATION

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